Mini-Medical School



Electroencephalography(EEG) 腦波檢查(英文)

Purpose

- 1. Diagnosis of Brain Disorders : Electroencephalography (EEG) could be used as a screening tool for brain disorders in order to make sure whether there is brain lesion or where lesion is located. With EEG, we can evaluate the function of cerebral cortex.
- 2. Diagnosis of Epilepsy or Seizure Disorder : EEG is a necessary and important diagnostic basis for epilepsy or seizure disorder.
- 3. Others : EEG could be used to assist the diagnosis of metabolic encephalopathy, brain injury, and dysfunction of cerebral circulation, encephalitis, and tranquilizer intoxication.

Preparation before EEG Examination

- 1. Thoroughly wash and clean your hair the day before EEG examination. Hair glue or grease is forbidden.
- 2. No fasting is needed before EEG examination.
- 3. If you will receive "sleep EEG" examination, try to reduced your sleep time the night before exam. Such as: sleep after midnight, so you may fall asleep easily during the examination.

The Examination Process

- 1. You will be arranged to lie in a gentle-illuminated quiet room.
- 2. Technicians will use electrode paste to stabilize the recording leads on your head.
- 3. Try to stay in a rested and relaxed condition.
- 4. During the examination, you will be asked to lie down quietly. Photic stimulation will be given and a series of deep breath will be demanded, so technicians can record abnormal brain discharges.

5. It takes about 30 minutes for routine awake EEG. For " sleep EEG " , It could take around 1 \sim 1.5 hours, depending on how long it is for you to fall asleep.

Notes after EEG Examination

- 1. You could perform your normal daily activities and routines immediately after EEG examination.
- 2. Rinse electrode paste with clean water.

若有任何疑問,請不吝與我們聯絡 電話:(04)22052121分機5087 HE-T2009-E